🗓️ WEEKLY & MONTHLY CARE

Hamster Weekly & Monthly Care

The jobs that are easy to forget. Tick the weeks as you go.

🕐 Lives 2–3 years | 🌙 Awake at night | 🏠 One per cage | 📏 600+ sq in of floor space

📅 Every week

	Wk 1	Wk 2	Wk 3	Wk 4
Spot-clean soiled bedding	☐	☐	☐	☐
Wipe down the wheel and the dishes	☐	☐	☐	☐
Refresh the chew toys	☐	☐	☐	☐
Check the front teeth aren't overgrown	☐	☐	☐	☐

🌙 Every month

	Date done
Full cage clean with fresh bedding (save a little old nest so it still smells like home)	☐
Weigh them and write it down	☐
Check nails	☐

🎂 Once a year

	Date done
Exotic-vet visit if anything has seemed off	☐

⚖️ Weight and notes log

Date	Weight	What we noticed

🗓️ This month

Month ..... Whose job is it? .....

💡 Stick this on the fridge or the cage. The jobs that get forgotten are the weekly and monthly ones — not the daily ones.

Care schedule from whatpetshouldiget.com/pets/hamster.html, reviewed against PDSA · Merck Veterinary Manual · RSPCA · PetMD.