



Is My Dog OK?

You know your dog better than anyone. Your job is to notice. A grown-up makes the call.



Lives 10–15 years Walks every day Training is daily Vet check every year

♥ This looks healthy

What a well dog looks like day to day.

- ✓ Eyes clear and bright, no dirt or redness
- ✓ Ears clean, with no smell
- ✓ Breathing quiet and easy — no coughing or wheezing
- ✓ Clean mouth, white teeth, pink gums
- ✓ Coat shiny and soft, no fleas
- ✓ Walks and runs easily, no limping
- ✓ Bright, active and friendly

☎ Tell a grown-up — call the vet

Any of these means a vet should take a look.

- ! Not eating
- ! Less active than usual
- ! Being sick, or diarrhoea
- ! Peeing much more — or much less — than usual
- ! Coughing or sneezing
- ! Gunk coming from eyes, ears or nose
- ! Losing hair, very itchy, or red spots on the skin
- ! Limping, or not putting weight on a leg

If any of these last more than a day or two, book a vet visit.

🚨 Go now — this is an emergency

- ◆ Trouble breathing, or breathing with the mouth open
- ◆ Trying to poop or pee but nothing comes out
- ◆ A fit lasting over 5 minutes, or two fits in one day
- ◆ Ate chocolate, grapes, raisins, onions or sugar-free gum
- ◆ Gums that look white, blue or very pale
- ◆ A swollen, hard belly — especially with retching and nothing coming up
- ◆ Heavy bleeding, collapse, or can't stand up

🔍 Before you call: write this down for the vet

What did you notice?

When did it start?

Eating normally?

Drinking normally?

Poop and pee normal?

Anything else different?

☎ Put your vet's number here before you need it

Our vet Phone Emergency vet Phone

☠ If your pet has eaten something they shouldn't have, a grown-up can call the ASPCA Animal Poison Control Center on (888) 426-4435, any hour of any day. A consultation fee may apply.