



WEEKLY & MONTHLY CARE

Cat Weekly & Monthly Care

The jobs that are easy to forget. Tick the weeks as you go.



- Lives 12–18 years
- Scoop the box daily
- Scratching is not optional
- Vet check every year

Every week

Wk 1 Wk 2 Wk 3 Wk 4

Brush their fur (more often for long-haired cats)

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Wash the food and water bowls

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Fully change the litter and wash the box

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Check the scratching post is still sturdy

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Every month

Date
done

Trim nails and check teeth

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Flea and worm prevention

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Weigh them and write it down

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Wash the bed and blankets

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Once a year

Date
done

Vet check-up and vaccines

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Dental check

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Weight and notes log

Date Weight What we noticed

This month

Month _____ Whose job is it? _____

Stick this on the fridge or the cage. The jobs that get forgotten are the weekly and monthly ones — not the daily ones.